

# LPT Transformation Program

## Background

It is widely recognised that mental health services need to be improved within Leicester, Leicestershire and Rutland. The issues currently facing the system have been reviewed in the light of experiences from other centres nationally that have already improved their mental health services. The conclusion reached within the STP was that whilst some improvements can be achieved through iterative changes, a significant remodel of services was required. This would allow us to make the step change in quality improvement that is needed. The All Age Transformation programme was therefore instigated to focus on two aspects of transformation:

- Short term, iterative, quality improvements within adult and young persons, community and, inpatient services
- A large scale change across the specialist mental health services

This programme was set up within the STP framework to ensure that sympathetic improvements for mental health support occurred across the whole health and social care system..

All of this work is also in the context of a National drive and investment to improve mental health services through the implementation of the NHS forward view for mental health. This includes specifically improving mental health services for

- Individuals in a crisis,
- Mothers (and during pregnancy
- People that present to the acute physical health hospitals,
- Children presenting with eating disorder
- Those using Child and Adolescent Mental Health services (CAMHS) inpatient facilities.

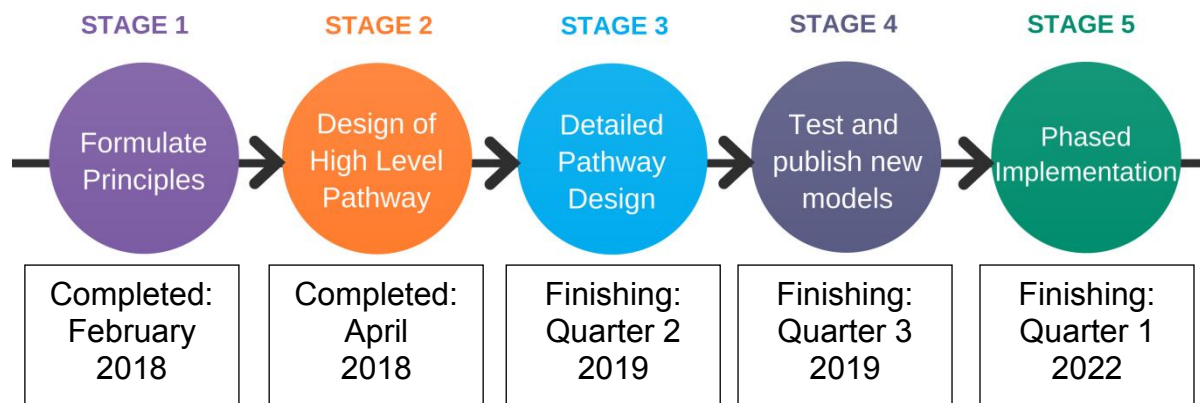
Alongside the expected improvement of care within local services, the programme and wider STP activities are focused on delivering more care locally (reducing the requirement to move people's care out of Leicester, Leicestershire and Rutland). This is expected to improve service user experience and bring resources back into the region.

## Plan and Progress

There is a focus short term improvements across all of the mental health and learning disability services. These include:

- A specific focus on improving the support of individuals waiting for CAMHS with regular reviews and support provided to individuals who have high risks
- Improving the organisation of care for individuals in CAMHS and to reduce the impact of an increasing demand for the services
- Initiatives focused on reducing caseloads within adult mental health community teams
- Addressing barriers to discharging Adult mental health inpatient through the implementation of 'Red to Green' (a nationally recognised patient flow improvement tool) and multi-agency forums

The longer term large scale transformation work is arranged around a five stage



plan, outlined below.

Stage one and two have been completed and in the programme is in the middle of detailed design stage three. The programme uses co-design model adopted from Northumberland, Tyne and Wear Foundation Trust (an outstanding mental health trust) and has so far engaged hundreds of clinicians, service users, carers and stakeholders through workshops, events and surveys to help inform the design to date. At the end of this stage, there will be newly designed care pathways, workforce model and service structure described. The proposed model will then go to a public consultation in Stage Four and will be internally tested to ensure their safety and deliverability.

The implementation of the model will commence after any adjustments needed from the consultation and testing. This implementation will occur in phases from 2019 to 2022 to ensure it is safely undertaken and allow time for recruitment, training and physical setting changes required.

## Outcomes from the Transformation

It is expected that the short term improvements work will lead to a modest improvement in the CQC rating. The implementation of the large-scale changes from 2019 are required to deliver the step change in service performance and sustain a significant improvement.